# **Minnesota**

# National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Minnesota**, 263 substance abuse treatment facilities responded to the 2002 N-SSATS, reporting that there were 9,936 clients in substance abuse treatment on March 29, 2002. The survey response rate in **Minnesota** was 98%.

			Clien	ts in Treatm	ent on March 29,	2002		
	Faci	Facilities		Facilities		Clients	Clients Under	Age 18
	No.	%	No.	%	No.	%		
Private non-profit	148	56%	4,830	49%	568	60%		
Private for-profit	87	33%	3,629	37%	301	32%		
Local government	10	4%	400	4%	10	1%		
State government	7	3%	387	4%	36	4%		
Federal government	3	1%	559	6%	19	2%		
Dept. of Veterans Affairs	3	1%	559	6%	19	2%		
Dept. of Defense	_	_	_	_	_	_		
Indian Health Service	_	_	_	_	_	_		
Other	_	_	_	_	_	_		
Tribal government	8	3%	131	1%	13	1%		
Total	263	100%	9,936	100%	947	100%		

#### **Primary Focus of Facility**

			Clien	ts in Treatm	ent on March 29,	2002
	Facilities		All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	202	77%	7,602	77%	644	68%
Mental health services	5	2%	63	1%	_	_
General health care	8	3%	612	6%	19	2%
Mix of mental health & substance abuse						
treatment services	41	16%	1,438	15%	246	26%
Other/unknown	7	3%	221	2%	38	4%
Total	263	100%	9,936	100%	947	100%

#### **Substance Abuse Problem Treated**

			Client	s in Treatm	ent on March 29, 2002
	Facilities <sup>1</sup>		Cli	ents	Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	241	96%	5,278	53%	121
Clients with drug abuse only	144	57%	2,440	25%	63
Clients with alcohol abuse only	187	75%	2,218	22%	56
Total <sup>2</sup>	251		9,936	100%	240

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

<sup>&</sup>lt;sup>2</sup> Excludes 12 facilities that were not asked or did not respond to this question.

## **Type of Care**

			Clients in Treatment on March 29, 2002					
				All Client	Clients Under	Age 18		
					Median No.			
	Facil	lities¹			of Clients			
	No.	%	No.	%	Per Facility	No.	%	
Outpatient	196	75%	6,690	67%	21	608	64%	
Regular outpatient	167	64%	2,071	21%	5			
Intensive outpatient	149	57%	2,665	27%	13			
Day treatment/partial hospitalization	52	20%	196	2%	0			
Detoxification	18	7%	119	1%	0			
Methadone/LAAM maintenance	12	5%	1,639	17%	82			
Residential	118	45%	2,914	29%	20	309	33%	
Rehabilitation	109	41%	2,684	27%	19			
Detoxification	33	13%	230	2%	4			
Hospital Inpatient	19	7%	332	3%	12	30	3%	
Rehabilitation	16	6%	227	2%	11			
Detoxification	16	6%	105	1%	5			
Total	263		9,936	100%	23	947	100%	

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

### **Opioid Treatment Programs (OTPs)**

	No.	%
Facilities with OTPs		
Maintenance only	2	18%
Detoxification only	3	27%
Both maintenance and detoxification	6	55%
Total	11	100%
Clients in Facilities with OTPs	1,634	
Methadone	1,609	
LAAM	25	

# **Type of Payment Accepted**

	Facilities		
	No.	%	
Cash or self-payment	253	96%	
Private health insurance	225	86%	
Medicare	66	25%	
Medicaid	95	36%	
Other State-financed health insurance	164	62%	
Federal military insurance	89	34%	
Other type of payment	40	15%	
Sliding fee scale	78	30%	
Other payment assistance	99	38%	

## **Facility Capacity and Utilization Rate**

		Hospital
Re	esidential	Inpatient
No. of facilities <sup>1</sup>	104	18
No. of clients	2,767	332
Designated beds	3,041	454
Utilization rate	91%	73%
Designated beds per facility (average)	29	25

<sup>&</sup>lt;sup>1</sup> Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

# Facility Licensing, Approval, Certification, or Accreditation

	Facil	ities
	No.	%
Any listed agency/organization	258	98%
State Substance Abuse Agency	201	76%
State Mental Health Department	48	18%
State Public Health Department/Board of		
Health	161	61%
Hospital licensing authority	28	11%
JCAHO (Joint Commission on Accreditation		
of Healthcare Organizations)	69	26%
CARF (Rehabilitation Accreditation		
Commission)	14	5%
NCQA (National Committee for Quality		
Assurance)	2	1%
COA (Council for Accreditation for Children		
and Family Services)	3	1%
Other State/Local Agency/Organization	32	12%

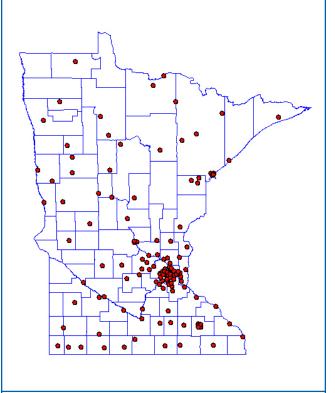
# Facility Administrative and Funding Characteristics

	<b>Facilities</b>	
	No.	%
Is part of organization with multiple facilities		
or sites	166	63%
Has agreements or contracts with managed		
care organizations for provision of substance	ce	
abuse treatment services	180	68%
Receives Federal, State, county, or local		
government funds for substance abuse		
treatment programs	191	73%

Programs for Special Groups			
	Facilities		
	No.	%	
Dually-diagnosed	101	38%	
Adolescents	84	32%	
Persons with HIV/AIDS	32	12%	
Gays and lesbians	35	13%	
Pregnant/postpartum women	40	15%	
Women only	90	34%	
Men only	73	28%	
Seniors/older adults	40	15%	
Criminal justice clients	50	19%	
DUI/DWI offenders	82	31%	
Other groups	21	8%	

Types of Services Offered		
Types of cervices offered	Facil	lities
	No.	%
Assessment Services	236	90%
Comprehensive substance abuse		
assessment/diagnosis	228	87%
Comprehensive mental health		
assessment/diagnosis	72	27%
Substance Abuse Therapy		
and Counseling	253	96%
Family counseling	182	69%
Group therapy	247	94%
Individual therapy	232	88%
Relapse prevention groups	220	84%
Aftercare counseling	227	86%
Pharmacotherapies	43	16%
Antabuse	37	14%
Naltrexone	25	10%
Testing	231	88%
Blood alcohol testing	130	49%
Drug/alcohol urine screening	222	84%
Hepatitis testing	49	19%
HIV testing	51	19%
STD testing	42	16%
TB screening	76	29%
Transitional Services	252	96%
Assistance with obtaining social services	127	48%
Discharge planning	234	89%
Employment counseling/training	75	29%
Housing assistance	81	31%
Referral to other transitional services	222	84%
Other Services	216	82%
Case management services	167	64%
Child care	13	5%
Domestic violence or family/partner		
violence services	52	20%
HIV/AIDS education/counseling/support	119	45%
Outcome follow-up (post-discharge)	137	52%
Transportation assistance to treatment	89	34%
Acupuncture	23	9%
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### **Location of Treatment Facilities**



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

http://findtreatment.samhsa.gov

# Services for the Hearing Impaired or in Languages Other than English

Faci	lities	

	No.	%
Hearing impaired	43	16%
Spanish	27	10%
American Indian/Alaska Native languages	9	3%
Other	22	8%

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2002. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at: http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

> Other substance abuse reports are available at: http://www.oas.samhsa.gov



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